



High School 9-12

AUGUST 2022

Russell County Schools

OFFERED DAILY:
An assortment of low-fat milk,
fruits, deli sandwich and chef
salad.

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

8

9

10

11

12

15

16

17

18

19

Grilled Cheese
French Fries
Veggie Cup
Watermelon

22

Chicken Strips
Mashed Potatoes
Green Beans
Roll
Assorted Fruit

23

Hotdog w/ chili
Potato Rounds
Vegetable cup with dip
Oatmeal squares
Assorted Fruit

24

Little Caesars Pizza
Side Salad or Pasta Salad
Carrots w/ dip
Cookie
Assorted Fruit

25

Taco Salad
Lettuce, Tomato, Cheese
Corn
Tortilla Chips/Salsa
Assorted Fruit

26

Chicken Sandwich
Lettuce, Tomato, Pickles
Tator Tots
Cookie
Assorted Fruit

29

Spaghetti w/ meat sauce
Side Salad
Garlic Bread
Banana Pudding
Assorted Fruit

30

Orange Chicken
Rice
Egg Roll
Asian vegetables
Assorted Fruit

31

Hamburger
Lettuce, Tomato, Pickles
Curly Fries
Baked Beans
Assorted Fruit

Beef Dippers
Baked Potato
Green Beans
Roll
Rice Krispy Treat
Assorted Fruit

Chili Crisпитos
Toppings
Fiesta Corn and Beans
Scoops/Salsa/Queso
Assorted Fruit

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****Must choose at least 3 food components including:
½ cup fruit or vegetable and at least 2 other FULL components.
** All menu items are subject to change without prior notification.**

