



LUNCH

AUGUST 2022

Russell County Schools

OFFERED DAILY:
An assortment of low-fat milk,
fruits, and deli sandwich.

Middle School 6-8

Monday

Tuesday

Wednesday

Thursday

Friday

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Hamburger
Lettuce, Tomato, Pickles
Curly Fries
Baked Beans
Assorted Fruit

Beef Dippers
Baked Potato
Green Beans
Roll
Rice Krispy Treat
Assorted Fruit

Chili Crisпитos
Toppings
Fiesta Corn and Beans
Scoops/Salsa/Queso
Assorted Fruit

Grilled Cheese
French Fries
Veggie Cup
Watermelon

Chicken Strips
Mashed Potatoes
Green Beans
Roll
Assorted Fruit

Hotdog w/ chili
Potato Rounds
Vegetable cup with dip
Oatmeal squares
Assorted Fruit

Little Caesars Pizza
Side Salad or Pasta Salad
Carrots w/ dip
Cookie
Assorted Fruit

Taco Salad
Lettuce, Tomato, Cheese
Corn
Tortilla Chips/Salsa
Assorted Fruit

Chicken Sandwich
Lettuce, Tomato, Pickles
Tator Tots
Cookie
Assorted Fruit

Spaghetti w/ meat sauce
Side Salad
Garlic Bread
Banana Pudding
Assorted Fruit

Orange Chicken
Rice
Egg Roll
Asian vegetables
Assorted Fruit

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****Must choose at least 3 food components including:
½ cup fruit or vegetable and at least 2 other FULL components.
** All menu items are subject to change without prior notification.**

