

BREAKFAST

High School 9-12

AUGUST 2022

Russell County Schools

OFFERED DAILY

An assortment of low-fat milk, whole grain pastries, fruits, juice and breakfast sandwich.

Monday

Tuesday

Wednesday

Thursday

Friday

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Biscuit with Gravy
Scrambled Eggs
Bacon
Fruit/Juice
Milk

French Toast Stix
Sausage
Fruit/Juice
Milk

Breakfast Pizza
Fruit/Juice
Milk

Chicken Biscuit
Fruit/Juice
Milk

Cereal Toast
Fruit/Juice
Milk

Pancakes
Sausage
Fruit/Juice
Milk

Yogurt and Granola
Or Cereal
Fruit/Juice
Milk

Scrambled Eggs
Hash Browns
Cinnamon Toast
Fruit/Juice
Milk

Donut Holes
Fruit/Juice
Milk

Bacon/Egg/Cheese Biscuit
Fruit/Juice
Milk

Waffle w/ syrup
Fruit/Juice
Milk

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****Must choose at least 3 food items including: ½ cup fruit and at least 2 other items.**

****All menu items are subject to change without prior notification.**

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com