



# Russell County School Nutrition Offers **FREE SUMMER MEALS** June 2017

**When:** June 5<sup>th</sup> –June 30<sup>th</sup> (Monday through Friday)  
**Where:** Russell County Middle School Laker Café 2258 S Hwy 127 Russell Springs, KY 42642 (270-866-9534)  
**Meal Times:** Breakfast 7:30am-8:00am  
 Lunch 11:00am -12:00pm

**Who Can Eat Free:** ANYONE under the age of 19

*\*Do not have to be resident or enrolled in Russell County Schools*

*\*No Identification or income information required*

*\*Per federal regulations meals must be consumed on site*

*\*All menus subject to change without prior notice*

For more information contact Susan Melton@ [susan.melton@russell.kyschools.us](mailto:susan.melton@russell.kyschools.us) / 270-866-6300



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 7:30-8</b>	<b>Breakfast 7:30-8</b>	<b>Breakfast 7:30-8</b>	<b>Breakfast 7:30-8</b>	<b>Breakfast 7:30-8</b>
Assorted Cereal 100% Fruit Juice Milk	Sausage/ Biscuit 100% Fruit Juice Milk	Waffle Sticks/Syrup 100% Fruit Juice Milk	Honey Bun 100% Fruit Juice Milk	Chicken/ Biscuit 100% Fruit Juice Milk
<b>Lunch 11:00-12</b>	<b>Lunch 11:00-12</b>	<b>Lunch 11:00-12</b>	<b>Lunch 11:00-12</b>	<b>Lunch 11:00-12</b>
Deli Sub Sandwich Baby Carrots/Dip Corn Chips Assorted Fruit Milk	Laker Burger French Fries Cherry Tomatoes/Dip Assorted Fruit Milk	Chili Crisпитos Nacho Chips/Salsa Broccoli/Cauliflower Cup/ Dip Cold Watermelon Milk	Chicken Nuggets/Dippin Sauce Tator Tots Hot Rolls Strawberries Milk	Little Caesars Pizza Broccoli/Cucs Cup/ Dip Bananas Milk



**Non-Discrimination Statement:**

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Mail: U.S. Department of Agriculture  
 Office of the Assistant Secretary for Civil Rights  
 1400 Independence Avenue, SW

